



PARK RULES

Park & Trail Hours are 5 am-10 pm

Alcohol is not permitted in Wilsonville parks or on trails unless approved by permit.

All Wilsonville parks and trails are smoke and tobacco free.

Keep pets on leash except in dog parks; properly dispose of pet waste.

Overnight camping is not allowed in Wilsonville parks or on trails.

No open flames, fires, charcoal grills, or camp stoves shall be allowed; Propane grills may be used but must be kept on paved surfaces.

No person shall possess any loaded firearm or discharge any firearm, pellet gun, or other weapon capable of inflicting injury.

No removal or damage to park grounds, structures, or facilities.

Pickleball, tennis, and basketball courts are first come, first serve; limit court time to 60 minutes when others are waiting.

Thank you for keeping our parks clean.

Other Restrictions and Enforcements per Wilsonville Code Sections 3.000 – 3.030

Have a park concern? Text it to 503-570-1678
Please include a brief description and specific location of the concern in your text.

WilsonvilleParksandRec.com/ParkRules

503-783-7529
ParksandRec@WilsonvilleOregon.gov





CONTACT US:

PARKSANDREC@WILSONVILLEOREGON.GOV COMMUNITYCENTER@WILSONVILLEOREGON.GOV

ADMINISTRATIVE OFFICES 29600 SW PARK PLACE 503-783-7529

COMMUNITY CENTER 7965 SW WILSONVILLE ROAD 503-682-3727

6 RENTALS & SPECIAL EVENTS

Facility Rentals
HeARTS Opening Reception - April 30
WERK Day - May 10
PRIDE Celebration - June 7
Juneteenth Celebration - June 19
Korean War Remembrance Ceremony - June 28
Concert and Laser Light Show - July 4
Skate Jam - July 19
Movies in the Park - July 25, August 8 & 22
Party in the Park - August 21
Rotary Concerts - July & August

YOUTH PROGRAMS & SUMMER CAMPS

Skyhawks
Jordan Kent
Kidokinetics
Fun4All
Play-Well TEKnologies
Soccer Shots
Chess Wizards
STARS Camp
Coyle Outside
Youth Library Programs

17 ADULT & 55+ PROGRAMS

Library Programs
Oil Painting & Watercolor
Stained Glass
Barre, Yoga, and Body Sculpt
Personal Training
Drop-in groups and ongoing activities
Nutrition Services
Social Services

Facility Rental Opportunities





Are you looking for a venue for your next gathering? Wilsonville Parks and Recreation has a variety of facilities available for rent. Whether it's a company party, wedding, family reunion, or a business meeting, we can help you find the facility to best suit your needs. Applications are currently being accepted for both residents and non-residents. The shelter season runs mid-April through mid-October.

STEIN-BOOZIER BARN

The Stein-Boozier Barn is a rustic barn located in Murase Plaza with a main gathering space of 1,325 square feet.

Amenities include 14 60" round tables, 96 folding chairs, a 18 cu/ft refrigerator, and a 10' bar with a sink.

The patio in front of the barn contains terraced basalt stone seating with the back of the barn looking out to Boeckman Creek. Both the front and rear sliding doors can be opened.

Max Capacity = 96

Weekend rentals include a 1/2 day before and a 1/2 day after.

PARKS AND REC FACILITY RENTALS





Addresses:

<u>Administrative Office</u> 29600 SW Park Place (Mt. Hood Room)

<u>Community Center</u> 7965 SW Wilsonville Road

Memorial Park
Entrance at 8300 Memorial Drive

THE RIVER SHELTER

The River Shelter at Memorial Park sits in the southwest corner of the park near the Willamette River.

Amenities include: electricity, water, 16 picnic tables, cornhole boards, and a large private grassy area suitable for lawn games.

Max Capacity = 200

Other rentals:

MEMORIAL PARK

- Forest Shelter (Max = 150)
- River Shelter (Max = 200)
- Sports Fields (Max = varies)

MURASE PLAZA

- Stein-Boozier Barn (Max = 96)
- Grove Shelter (Max = 48)
- Splash Shelter (Max = 20)

BOONES FERRY PARK:

• Tauchman House (Max = 40)

INDOOR SPACES:

- Community Center (Max = 150)
- Mt. Hood Meeting Room (Max = 20)

Art Tech Building
29796 SW Town Center Loop East

Murase Plaza

Entrance at 8100 Memorial Drive

<u>Tauchman House</u> 31240 SW Boones Ferry Road

HeARTs of Wilsonville:

Many Cultures, One Heart Public Art Project

OPENING RECEPTION

Wed. April 30th | 5 pm - 7 pm | Stein-Boozier Barn

This exciting public art project consists of ten large (4.5 ft X 4.5 ft) fiberglass heart sculptures that will be painted by local artists and installed throughout the City. The project theme, "Many Cultures, One Heart" aims to represent the distinctive artistic, cultural, and historical framework that makes Wilsonville a wonderful place. All ten hearts will be on display at the Stein Boozier-Barn for the opening reception event. This Public Art Project was made possible by the City of Wilsonville's Arts, Culture, and Heritage Commission and funded by Wilsonville-Metro Community Enhancement funds.







Brought to you by: Kitakata Sister City Advisory Board

JAPANESE COOKING CLASS HIYASHI CHUKA RAMEN

Learning Food Culture & Recipe

with Jane Hashimawari

MAY 3 | 11 AM - 1 PM | AGES 8+ (WITH PARENT)
COURSE #: 11539 | WILSONVILLE COMMUNITY CENTER

Learn how to make this simple and delicious chilled Japanese noodle salad full of seasonal veggies and fresh ramen. Students will make their own bowl and go home with a recipe. Ingredients will be provided but feel free to bring any fresh veggies from your garden! Participants should bring their own cutting board and kitchen knife.



W.E.R.K. Day

May 10, 9-11am

Wilsonville Community Center Course #: 11282

Join Wilsonville Parks and Recreation for a morning of park beautification and clean up.

Includes breakfast courtesy of the Wilsonville Rotary Club from 8-9 am at the Wilsonville Community Center.

Volunteers will leave from the Community Center at 9 am for work projects in Memorial Park.

Pre-registration is highly encouraged.







'Our Power, Our Planet'

May 10, 10am-2pm

Stein-Boozier Barn Free Event!

Engage with exhibitors focused on renewable energies, climate literacy, and what individuals can do to reduce their carbon footprint.

Enjoy family friendly activities, prizes, and refreshments.

Celebrate climate action and the power of community and environmental stewardship!



Learn about what the City is doing to reduce their energy bill and carbon emissions with Wilsonville's Energy Education Squad.



THE CITY'S DIVERSITY, EQUITY AND INCLUSION COMMITTEE PRESENTS

JUNETEENTH CELEBRATION





THURSDAY

19 JUNE

PM

TOWN CENTER PARK

SPEAKERS | MUSIC | FAMILY FUN



June 28, 10 am | Oregon Korean War Memorial, Town Center Park

Honor Korean War veterans and acknowledge the start of the Korean War. Following the event, tour the Oregon Korean War Memorial Interpretive Center.

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LTH OF JULY **CONCERT & LASER LIGHT SHOW**



LIVE MUSIC - TIFFANY BIRD

LASER LIGHT SHOW | LIVE MUSIC | FACE PAINT | KONA ICE

MUSIC AT 8 PM | LASER LIGHT SHOW ~9:45 PM

TOWN CENTER PARK, WILSONVILLE





JOIN US!

PRESENTED BY: WILSONVILLE SKATEPARK ASSOCIATION





Date: Saturday, July 19

Time: 1-3 PM

Location: Memorial Park Skatepark

- Beginner through Advanced Jam Sessions
- Prize Raffle
- Gear and Apparel Giveaways
- Kona Ice Truck



IT'S FAFE

Host Family Info Night Kitakata, Japan Student Visit



Wednesday, August 13 | 6 - 6:45 pm | Wilsonville Library - Oak Room.

The Wilsonville Sister City Advisory Board will be welcoming Middle School students and chaperones from Kitakata, Japan to Wilsonville from December 6-16, 2025 and are in need of host families! There will be organized day trips during the week where transportation to and from City Hall will be needed. If interested in being a host family, email Parks and Recreation Director, Kris Ammerman at kammerman@WilsonvilleOregon.gov









5:30pm Thursdays, Town Center Park • All shows FREE thanks to our Annual Sponsors:















These concerts also made possible in part by a Community Cultural Events and Programs Grant from the City of Wilsonville.















Ballfield #5



Soccer #3

Ballfield #3

This June - August, Ballfields 3 & 5 and Soccer Field 3 will be available for open use on Sundays beginning at 1 pm. This is intended to give individuals and families time to play and learn on the sports fields, not for organized group sports.

Looking to rent fields for organized sports? Contact
Parks and Recreation at
ParksandRec@WilsonvilleOregon.gov



The Memorial Park Disc Golf course will be expanding from 11 to 18 holes, with the updated course ready for action in Summer 2025. Through a wonderful partnership with the Rose City Disc Golf Foundation and All Day Disc Golf, this expansion not only brings greater disc golf opportunities to the community, but also helps with access points for our maintenance team to tackle projects like invasive species

removal.

If, but don't have discs? Come check



Looking to play disc golf, but don't have discs? Come check out a set of two discs at the Wilsonville Parks and Rec Admin Office at 29600 SW Park Place for \$5 per day.





WILSONVILLE SUMMER CAMPS JULY 7-10 // JULY 28-31 // AUG. 18-21



WILSONVILLE MEMORIAL PARK MONDAY - THURSDAY 9AM-3PM \$199.95 9AM-1PM \$169.95

FOR MORE INFO,
REGISTRATION, &
COMPLETE SCHEDULE,
SCAN THE QR CODE
OR VISIT:

WWW.JORDANKENTCAMPS.COM

PLAY-WELL TEKNOLOGIES



"We use the power of play and LEGO-inspired engineering to teach kids about STEM."

STEM Explorations & Pokémon Master Engineering | Ages 7-12 | June 23-27 | 9am-4pm Art Tech | Cost \$400 | Course #: 11521

Morning Lesson - STEM Explorations: STEM Explorations: Master your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. Projects are rotated seasonally to ensure that even returning students get a new experience, so join us to design and build as never before and explore your craziest ideas.

Afternoon Lesson – Pokémon MasterEngineering: LEGO® Master, I choose you!! In the race to be crowned the Ultimate Pokémon Champion, we need your help! Learn to build your favorite Pokémon, level up by teaching them special moves, evolve them into more powerful versions, and come face to face with the current champion in an epic battle for the title. Learn from our Play-Well Pokémon Masters so you can make it to the top!

STEM Explorations & Minecraft Master Engineering | Ages 7-12 | July 7-11 | 9am-4pm Art Tech | Cost \$400 | Course #: 11520

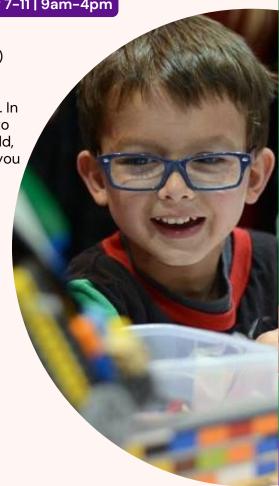
Morning Lesson - STEM Explorations: (See previous description above)

Afternoon Lesson - Minecraft Master Engineering: Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, we will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it.

STEM Explorations & Master Pokémon Engineering | Ages 7-12 August 18-22 | 9am-4pm | Art Tech | Cost \$400 | Course #: 11522

Morning Lesson - STEM Innovations: Design and innovate with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects and an inquiry-based learning classroom model. Projects are rotated seasonally to ensure that even returning students get a new experience. Time to see STEM in action!

Afternoon Lesson – Radical Rides 2.0: Get anywhere, any way by building fast and furious vehicles of all kinds! Dive into our tens of thousands of LEGO® parts while you learn about the engineering behind vehicle design and creation. We guarantee that our Play-Well instructors will help you get movin' and groovin' through the world.





JUNE 16 - 18

Mon - Wed | 9 am - 3 pm Memorial Park River Shelter

Activities Include:

 Arts & Crafts, Science Experiments, Field and Water Games, Tie Dye and more!



FREE

A Note on Registration

 STARS Camp is intended for those families who receive SNAP benefits or other forms of government assistance. There is no fee for camp, but pre-registration is required. Limited spots available. Honor system based enrollment.



Questions? Email Parks and Rec at ParksandRec@WilsonvilleOregon.gov





Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and life lessons, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

		Spr	ing Classes			
SPORT	Course	DATE	DAY	TIME	AGES	LOCATION
BaseballTots(Batters)	SSA53843	05/02 - 05/30	Fridays	4:00 PM - 4:40 PM	2-3	Edelweiss Park
BaseballTots (Hitters)	SSA53844	05/02 - 05/30	Fridays	4:50 PM - 5:30 PM	4-5	Edelweiss Park
HoopsterTots (Grasshoppers)	SSA53839	05/03 - 05/31	Saturdays	4:00 PM - 4:40 PM	2-3	Edelweiss Park
HoopsterTots (Froggies)	SSA53840	05/03 - 05/31	Saturdays	4:50 PM - 5:30 PM	4-5	Edelweiss Park
Basketball	SSA53846	05/03 - 05/31	Saturdays	5:40 PM - 6:40 PM	6 - 12	Edelweiss Park
		Sum	mer Camps			
SPORT	Course	DATE	DAY	TIME	AGES	LOCATION
Multi-Sport Camp (Basketball, Flag Football, Soccer)	SSA52232	06/16 - 06/18	Mon - Wed	9:00 AM - 12:00 PM	6 - 12	Wilsonville Memorial Park
Multi-Sport Camp (Basketball, Flag Football, Soccer)	SSA52233	06/16 - 06/18	Mon - Wed	9:00 AM - 3:00 PM	6 - 12	Wilsonville Memorial Park
Tennis Camp	SSA52230	06/16 - 06/18	Mon - Wed	9:00 AM - 12:00 PM	6 - 12	Wilsonville Memorial Park
Cheerleading Camp	SSA52236	06/23 - 06/27	Weekdays	9:00 AM - 12:00 PM	7-12	Wilsonville Memorial Park
Flag Football Camp	SSA52237	06/23 - 06/27	Weekdays	9:00 AM - 12:00 PM	7-12	Wilsonville Memorial Park
Flag Football Camp	SSA52239	06/23 - 06/27	Weekdays	9:00 AM - 3:00 PM	7 - 12	Wilsonville Memorial Park
Mini-Hawk Camp (Basketball, Baseball, Soccer)	SSA52235	06/23 - 06/27	Weekdays	9:00 AM - 12:00 PM	4-6	Wilsonville Memorial Park
Basketball Camp	SSA52242	06/30 - 07/03	Mon - Thurs	9:00 AM - 12:00 PM	6 - 12	Wilsonville Memorial Park
Basketball Camp	SSA52243	06/30 - 07/03	Mon - Thurs	9:00 AM - 3:00 PM	6 - 12	Wilsonville Memorial Park
Tennis Camp	SSA52240	06/30 - 07/03	Mon - Thurs	9:00 AM - 12:00 PM	6 - 12	Wilsonville Memorial Park
Volleyball Camp	SSA52247	06/30 - 07/03	Weekdays	9:00 AM - 12:00 PM	8 - 14	Wilsonville Memorial Park
Mini-Hawk Camp (Basketball, Baseball, Soccer)	SSA52245	07/07 - 07/11	Weekdays	9:00 AM - 12:00 PM	4-6	Palermo Park



Register for your camp: Have any questions? Give us a call: register.skyhawks.com Phone: 800-804-3509





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SPORT	Course	DATE	DAY	TIME	AGES	LOCATION
Multi-Sport Camp (Basketball, Flag Football, Soccer)	SSA52253	07/14 - 07/18	Weekdays	9:00 AM - 12:00 PM	6 - 12	Wilsonville Memorial Park
Multi-Sport Camp (Basketball, Flag Football, Soccer)	SSA52255	07/14 - 07/18	Weekdays	9:00 AM - 3:00 PM	6 - 12	Wilsonville Memorial Park
Pickleball Camp	SSA52252	07/14 - 07/18	Weekdays	9:00 AM - 12:00 PM	6 - 12	Wilsonville Memorial Park
Basketball Camp	SSA52259	07/21 - 07/25	Weekdays	9:00 AM - 12:00 PM	7 - 12	Wilsonville Memorial Park
Basketball Camp	SSA52260	07/21 - 07/25	Weekdays	9:00 AM - 3:00 PM	7 - 12	Wilsonville Memorial Park
Mini-Hawk Camp (Baseball, Flag Football, Soccer)	SSA52257	07/21 - 07/25	Weekdays	9:00 AM - 12:00 PM	4-6	Wilsonville Memorial Park
Mini-Hawk Camp (Baseball, Basketball, Soccer)	SSA52521	07/28 - 08/01	Weekdays	9:00 AM - 12:00 PM	4 - 6	Palermo Park
Beginner Golf Camp	SSA52268	08/04 - 08/08	Weekdays	9:00 AM - 12:00 PM	7 - 12	Wilsonville Memorial Park
Mini-Hawk Camp (Baseball, Basketball, Soccer)	SSA52267	08/04 - 08/08	Weekdays	9:00 AM - 12:00 PM	4-6	Wilsonville Memorial Park
Multi-Sport Camp (Beginner Golf, Disc Golf, Footgolf)	SSA52269	08/04 - 08/08	Weekdays	9:00 AM - 3:00 PM	7 - 12	Wilsonville Memorial Park
Volleyball Camp	SSA52263	08/04 - 08/08	Weekdays	9:00 AM - 12:00 PM	6 - 12	Wilsonville Memorial Park
Cheerleading Camp	SSA52271	08/11 - 08/15	Weekdays	9:00 AM - 12:00 PM	6 - 12	Wilsonville Memorial Park
Flag Football Camp	SSA52272	08/11 - 08/15	Weekdays	9:00 AM - 12:00 PM	6 - 12	Wilsonville Memorial Park
Flag Football Camp	SSA52273	08/11 - 08/15	Weekdays	9:00 AM - 3:00 PM	6 - 12	Wilsonville Memorial Park
Tennis Camp	SSA52270	08/11 - 08/15	Weekdays	9:00 AM - 12:00 PM	6 - 12	Wilsonville Memorial Park
Mini-Hawk Camp (Basketball, Flag Football, Soccer)	SSA52274	08/18 - 08/22	Weekdays	9:00 AM - 12:00 PM	4-6	Wilsonville Memorial Park



Register for your camp: register.skyhawks.com

Have any questions? Give us a call: Phone: 800-804-3509





SUMMER CAMP



Invent It, Build It! (Ages 6-12) | June 16-20 | 9am-3pm | Tauchman House | \$299 | Course #11577

Get ready to think, create, and innovate in "Invent It, Build It!" Each day, campers will take on exciting design challenges, from crafting confetti launchers and motor–free cars to solving engineering and physics–based puzzles like the classic egg drop challenge. With a mix of fun experiments and problem–solving activities, young inventors will design, test, and refine their creations while working through the scientific method. Through hands–on projects and teamwork, campers will develop critical thinking, creativity, and resilience as they bring their inventions to life. Whether designing for fun or tackling practical building challenges, this camp is the perfect place to dream big and build even bigger!

Little Builders (Ages 4-6) | July 14-18 | 9am-12pm | Tauchman House | \$199 | Course #: 11575

Little Builder will be fascinated going on an imaginary safari, an excursion under the sea, and more. Using classic LEGO® Bricks, our Little Builders will get hands-on practice using fine motor skills to build models of exciting things that they will also learn about. Plus, crafts, group activities, and more. Your eager Little Builder won't want to miss this awesome opportunity!

Little Scientists (Ages 4-6) | July 28-August 1 | 9am-12pm | Tauchman House | \$199 | Course #: 11576

Is your child curious about the world around them? Our Little Scientists Camp is the perfect place for young minds to explore, discover, and have fun with science! Designed for ages 4-6, this hands-on camp introduces children to the wonders of science through exciting experiments, interactive activities, and creative projects.







LEARN MORE AT COYLEOUTSIDE.COM

FISH, FORAGE, FIRE

9 AM-4 PM | AGES 8-13 | \$464 | MEMORIAL PARK RIVER SHELTER JUNE 30 - JULY 4 | COURSE #: 11518

Learn the art of being a true outdoorsman! Our primary activities will be fishing, archery and foraging along with skills that help you do those things well. Learn and develop diverse skill sets of food acquisition! Fish lessons, as allows, will include baiting, cleaning and cooking as well as gear, casting and, of course, fishing. Foraging will include plant ID and how to safely harvest in various seasons. Archery practice will occur several times throughout the week with an emphasis on safety, practical use, and form. Bring appropriate clothing, snacks, and lunch.

INTRO WILDERNESS SURVIVAL

9 AM-2:30 PM | AGES 6-9 | \$368 | MEMORIAL PARK FOREST SHELTER AUGUST 4-8 | COURSE #: 11514 AUGUST 11-15 | COURSE #: 11515

No prerequisites needed. Learn the basics of thriving in the wild in this survival camp that covers a bit of everything! Campers learn confidence, initiative, communication, and common sense through fun survival scenarios in teams and on their own. Skills introduced include shelters, fire building, cordage, navigation, knots, traps, primitive skills, and more. We won't get to everything, there's too much, but the week is packed! We play survival themed games and the week ends with an exciting final scenario and a certificate of achievement parents are invited to attend. No prerequisites. Bring appropriate clothing, snacks, water shoes, bug spray, and lunch.

fun 4 All Camps

Slime Week - July 14-18

Ages 6-10 | 9am-4pm | Art Tech | Cost \$355 | Course #: 11497

It's slime time as we spend a week with students to create new slime recipes that are only limited to your imagination! Our popular Slime Week teaches students the basics of how to make their own slime, and then shows students some of the most popular and trending slime recipes. Some of the slime is even edible! Our coordinators show students the latest slime tips and tricks and encourages creative thinking and teamwork. Students can customize their own slime by adding colors, scents, and textures. Once the slime is made, students can mold and play with their new creations. Slime Week lets kids get their hands dirty and have fun, but leaves the mess in the classroom and out of the car and home!

Outside the Lines Art - August 4-8 Ages 5-9 | 9am-4pm | Art Tech | Cost \$355 | Course #: 11498

Get your creativity on with Fun4All's Outside the Lines Art Week! Each jam packed day will have a different theme including Zoo Animals, Beach Day and Bored at Home to explore art through many types of mediums! Our instructors will combine brief art lessons with fun projects that are sure to give kids a great summer experience.



I 1 İ İ İ 1 I Chess Wizards Camps

Ages 6 - 12 | Parks and Rec Admin Offices

Full Day: 9am-3pm | \$435

Half Day: 9am-12pm OR 12-3pm | \$290

Week 1: June 23 - 27

AM Session #11488 | PM Session #11490 | Full Day #11489

Week 2: August 11 - 15

AM Session #11491 | PM Session #11493 | Full Day #11492

Chess Wizards has been teaching the game of chess since 2002. Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You will improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like Corner Chess), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. We include all the materials necessary for your child to participate, but kids should bring their own lunch. Unleash your brainpower and spend part of your vacation with Chess Wizards!





SOCCER SHOTS

MINI - 2 TO 3 YEAR OLDS

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles such as using your feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active. We encourage parent involvement in our Mini classes.

CLASSIC - 3 TO 4 YEAR OLDS & 4 TO 5 YEAR OLDS

Using creative and imaginative games, weekly sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait in each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.

PREMIER - 6 TO 7 YEAR OLDS

Still using our fun, noncompetitive format, the Premier program teaches more mature skills and concepts at a faster pace through more complex game play.

A note on age: Players must be within the age of the class on or before the first lesson.

Saturday Dates: Sat. 6/14 - 8/16

Cost: \$210 (mini) \$220 (classic) \$230 (premier)
Location: Wilsonville Memorial Park - Soccer Spot

SECTION:	AGE:	TIME:	FALL COURSE :
Mini:	2-3	9-9:30 am	#11500
Classic:	3-4	9:45-10:20 am	#11501
Classic:	4-5	10:35-11:15 am	#11502
Premier:	5-6	11:30 am-12:15 pm	#11503



Cost: \$210 (mini) \$220 (classic) \$230 (premier)

Location: Palermo Park- Villebois

SECTION:	AGE:	TIME:	FALL COURSE #
Mini:	2-3	3:30-4 pm	#11504
Classic:	3-4	4:15-4:50 pm	#11505
Classic:	4-5	5:05-5:45 pm	#11506
Premier:	5-6	6:00-6:45pm	#11507





SUMMER CAMPS ARE HERE!



LOCATION

Timbers Soccer Camp @ Memorial Park July 21-25 | 9am-2pm Ages 5-13

Providence



PTFCcamps.com 503.553.5516 PTFCcamps@timbers.com

SIGN UP & CONTACT





SATURDAY. JUNE 14 - MEMORIAL PARK SKATEPARK - NO CHARGE

BEGINNER (AGES 6-16)

FOR KIDS WHO HAVE JUST STARTED TO SKATEBOARD AND WANT TO LEARN THE BASICS OF PUSHING, TURNING, RIDING. BALANCING AND THE BASIC PARTS OF A SKATEBOARD, THIS LESSON IS BEST SUITED FOR PEOPLE WHO HAVE RIDDEN A LITTLE BIT, BUT ARE NOT COMFORTABLE PUSHING AND RIDING BY THEMSELVES OR TURNING AROUND OBSTACLES. WE AIM TO PROVIDE A FOUNDATION OF SKILLS THAT THEY CAN BUILD OFF OF TO BECOME A COMPETENT SKATEBOARDER.

10 - 11 AM **COURSE #11560** 11:30 AM - 12:30 PM **COURSE #11561**

INTERMEDIATE/ADVANCED (AGES 8-17)

THIS LESSON IS BEST SUITED FOR SOMEONE WHO ALREADY KNOWS HOW TO PUSH, RIDE AND TURN THEIR BOARD, BUT WANTS TO EXPAND INTO OLLIES, STALLS, GRINDS AND AIRS. WILSONVILLE SKATEPARK ASSOCIATION HAS VETERAN SKATERS WHO WANT TO HELP YOU TAKE YOUR RIDING TO NEXT LEVEL. ARE YOU STUCK TRYING TO LEARN AXEL STALLS? DO YOU WANT TO LEARN TO DROP IN? DO YOU WANT TO OLLIE OVER A SKATEBOARD? WILSONVILLE SKATEPARK ASSOCIATION WOULD LOVE TO HELP!

1 - 2 PM **COURSE #11562**

PLEASE BRING A FULL SIZE SKATEBOARD IF YOU OWN ONE, PLEASE DO NOT BRING A PENNY BOARD OR TOY SIZED SKATEBOARD. LOANER BOARDS ARE AVAILABLE. HELMETS REQUIRED FOR LESSON PARTICIPANTS.





JUNE 30- JULY 3 (4 DAYS) | 9 AM - 12 PM | MEMORIAL PARK BALLFIELD 1 | AGES 5-10 | COST \$180 | COURSE #: 11511

During Flag Fun Camp kids begin to learn foundational skills necessary to grow in coordination, cardiovascular endurance, and skills related to running sports. There will be a focus on improving hand-eye coordination, reaction time, accuracy, and overall fitness. Watch your kids set a new standard with sprints, hand-eye coordination, and teamwork using classics like flag football and capture the flag, as well as high energy games like flag parachute and steal the tails. Kids of all ages have a blast playing Flag Fun with their friends.



JULY 21 – 24 (4 DAYS)| 9 AM – 12 PM | TAUCHMAN HOUSE|AGES 4–6 | COST \$180 | COURSE #: 11512

During NinjaPlay, kids develop skills around stability, agility, balance, jump distance and more. Skills will focus on cardiovascular endurance and muscle strength while improving overall fitness. Every class is designed for optimal skill development, and of course - optimal fun! Each day features a warm up, sport specific skills and drills, free play, cool down, and an age appropriate anatomy and physiology lesson.



AUGUST 11-15 (5 DAYS) | 9 AM - 12 PM | MEMORIAL PARK BALLFIELD 5 | AGES 5-10 | COST \$205 | COURSE #: 11513

During Run the Bases Camp, kids begin to learn foundational skills necessary to grow in coordination, cardiovascular endurance, and skills related to base running sports. There will be a focus on improving hand-eye coordination, accuracy and overall fitness. There is no better feeling than running across home plate. We will learn the basics of what it means to run bases while we rotate between kickball, softball, baseball, T-Ball and cricket. Kids will learn basic skills for each of these sports.

WILSONVILLE PUBLIC LIBRARY



8200 SW WILSONVILLE RD.
WILSONVILLE OREGON, 97070
503-682-2744
WILSONVILLELIBRARY.ORG



Come explore the Wilsonville Public Library! We provide a wide variety of services for Wilsonville area residents and businesses. Our mission is to serve as a reference and resource center for practical information needs, lifelong learning, and entertainment.

Our collection comprises over 100,000 items in many formats, supplemented by local and far-reaching electronic resources, professional services, and a friendly, knowledgeable staff with a commitment to top-quality service.

Free library cards are available to all Clackamas County citizens served by the Library District of Clackamas County. Preferred ID is a valid driver's license with current address, but residents may also provide other photo ID and proof of current address.

Keep up to date on upcoming Library events with eNotify. Sign up for these email notifications by visiting our website: www.wilsonvillelibrary.org.

LIBRARY YOUTH PROGRAMS





Thursday Fun Shows

Fun shows for kids and their families at the Grove Shelter in Memorial Park at 11am. Thursdays at 11am, June 26 – July 31

Baby and Toddler Time

Interactive fun to help build skills for reading readiness.

Tuesdays at 10:30am and 11:15am, June 17 – July 29





Play Group

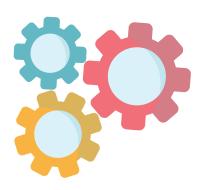
Drop-in to play with a variety of toys as well as socialize with the under 6 years crowd. Fridays at 10:30am, June 20 – Aug. 1

Family Tabletop Board Games

Play some great games from our expansive collection.

Tuesdays at 6pm, July 1, July 15, and July 29

LIBRARY YOUTH PROGRAMS CONTINUED



STEAM in July

Explore science, art, and more with these fun programs just for kids. Activities, dates, and registration information available at: www.wilsonvillelibrary.org/SRP.

Stories and STEAM

Explore great stories and enjoy a STEAM craft.

Wednesdays and Thursdays at 10:30am and 12pm, June 18 - July 30



Storywalk with the Artist: Gabi Snyder

Meet Gabi Snyder, the award winning local picture book author, at the library. Gabi will read her book *Look* to us and answer questions about being an author.

Saturday, June 28, 11am – 12pm

Storywalk with the Artist: Margaux Meganck

Picture book author and illustrator Margaux Meganck will be joining us at the library to read her book *People Are Wild*, answer questions, and lead a drawing activity. Tuesday, August 5, 1-2pm

LIBRARY TEEN PROGRAMS

Teen programs are free and open to students in grades 6-12.

Teen Advisory Board

The Teen Advisory Board (TAB) is made up of 6th through 12th graders like you who meet to:

- Hang out, eat, and have fun
- Help choose books, music, and movies for the library to buy
- Help make the teen space a comfy and attractive place to hang out
- Plan events

If you're interested in joining, call Brad at 503-570-1592 or send us an e-mail at teens@wilsonvillelibrary.org.

Teen Wednesdays

Weekly events just for teens! See website for more details: <u>www.wilsonvillelibrary.org/TSRP</u> Wednesdays at 4pm, June 18 – July 30

Teen Summer Reading Program

All students entering 6th through 12th grades are invited to sign up for the Teen Summer Reading Program.

Starting June 1, read at least 20 minutes a day for 20 days to win a free book and qualify for fun prize drawings. Complete 10 STEAM explorations and receive a STEAM prize. Complete a Bingo and qualify for fun prize drawings.

Find out more at: www.wilsonvillelibrary.org/TSRP

Teen E-mail List
Want to come to an event, but need a little reminder?
Send us an e-mail at teens@wilsonvillelibrary.org
to get added to our eNews list.

LIBRARY ADULT PROGRAMS



Book Walk

Stroll through Memorial Park and talk books with a librarian.

Third Thursday of the month at 1pm. Meet in the library lobby.

Thurs. 5/15 - *Gap Creek* by Robert Morgan Thurs. 7/17 - *Lincoln Highway* by Amor Towles Thurs. 8/21 - *Oryx & Crake* by Margaret Atwood No program in June



First Friday Films

Watch the latest releases for free on our big screen. Visit our website for film titles. First Friday of the month at 3pm. No film July 4.



Flash Fiction Workshop

Get ready for our Short Story Contest with this fast-paced workshop. Thursday, July 24, at 6pm



Game Nights

Drop in for board game fun and meet new friends! First Thursday of the month at 6pm. Starts June 5.



Genealogy Club

Wilsonville genealogists of all levels discuss tips, tricks, and research.
Third Monday of the month at 1pm.



Intermediate English Class

Free intermediate English classes at the library in an informal class setting. Anyone wanting to improve their English may attend. Drop in! Tuesdays at 10am, May 6 - Aug. 26



Profiles

Dr. Bill Thierfelder looks at the people, places, and events that shape our lives in this online program series. Sign up online to receive the Zoom meeting code:

www.wilsonvillelibrary.org/classes

First Wednesday of the month at 11am online with Zoom.

Wed. 6/04 – Writing with Pride (5 LGBTQ+ Authors)

Wed. 7/02 - Never Too Early (Child Prodigies)
Wed. 8/06 - Never Too Late ("Plus-50" Creatives)



Space Talks

Discover the history and science behind our exploration of space.

First Saturday of the month at 11am.

Sat. 5/03 – Touching the Atmosphere of the Sun Sat. 6/07 – The Impact of Artificial Intelligence at NASA

SPECIAL DATE: Sat. 7/12 - TBA

Sat. 8/02 - TBA



Speed Puzzling Event

Race against the clock to complete a jigsaw puzzle in the fastest time. Thursday, July 17, 6-7:30pm



Trivia Night

Test your knowledge in this fun and friendly competition.

Thursday, Aug. 21, 6-7:30pm

ALL AGES PROGRAMS

Summer Reading Kick-off

Get ready for a summer of adventure, reading, and science with this special all-ages event. Make fun crafts, play games, and have some cake! At 1pm, graphic novelist Aron Steinke, author of the Mr. Wolf's Class series, will give a special presentation about his life, writing process. and how to "level-up" your own writing and art skills! Saturday, June 14, 10am-2pm

Summer Reading Program

This summer, Level Up at Your Library with the Summer Reading Program for all ages!

READ! Read for at least 20 minutes a day for 20 days and receive a free book and other prizes.

STEAM! Complete 10 STEAM (science. technology, engineering, arts, and math) explorations and receive a STEAM prize.

SUMMER BINGO! Complete a bingo (5 squares in one row across, down, or diagonally) to earn entries into a separate prize drawing.

All ages can participate. Pick up (or download) logs at the library starting June 1.

Parents and caregivers are welcome to read to those under their care. The last day to turn in completed logs is August 31.

For more information, contact the library at reading@wilsonvillelibrary.org, or call the library (Youth Services Department at 503-570-1592 or Adult Program Coordinator at 503-570-1594).

www.WilsonvilleLibrary.org/SRP

Short Story Contest (All Ages)

Submit a short story of 1500 words or less between August 1-31 and you could win fame and glory, and have your story published on the library website. Find out more on the Short Story Contest page - WilsonvilleLibrary.org/story

Get email reminders for Adult Programs Sign up for email reminders at www.WilsonvilleLibrary.org/subscribe



Library of Things

The Library of Things is a collection of items such as kitchenware, musical instruments, and games that library patrons can check out with their Libraries in Clackamas County (LINCC) library card. Items check out for 14 days, and you can have up to five Library of Things items checked out at one time.

Did you know that our Ghost Hunting Kit made national news? Come see what other unique items are in the collection!

Learn more about the Library of Things: WilsonvilleLibrary.org/LOT



The Seed Library

The Seed Library is "where Wilsonville grows." Come to the library and select up to 10 seed plant varieties from the cabinet. On The Seed Library envelope write the plant name, variety and planting notes for each seed type. Place your selected seeds into the envelopes, then take to staff for check-out. That's it!

There is no due date on seeds, but we encourage you to donate back to The Seed Library any commercial surplus seeds to the library or saved seeds from your garden.

Learn more about The Seed Library: WilsonvilleLibrary.org/seedlibrary

OIL PAINTING

with Judy Stubb

Join Judy for this step-by-step oil painting class done in the Bob Ross style of wet-on-wet paint. This class takes beginner to seasoned painters from a blank canvas to a finished painting in one class.

Location: Parks and Rec. Admin Building | Ages: 12+ | Cost: \$50 per course

Tuesday Classes 5:30-9 pm

Date: 5/6 - Oriental Falls | Course #: 11306 Date: 6/3 - Half Oval Vignette | Course #: 11537

Date: 7/1 - Twilight Path | Course #: 11570 Date 8/5 - Moonlit Falls | Course #: 11571









Saturday Classes 10 am-2 pm

Date: 5/17 - Lakeside Sunset | Course #: 11311 Date: 6/14 - Summer Reflections | Course #: 11538

Date 7/19 - Desert Sunset | Course #: 11572 Date 8/16 - Tropical Paradise | Course #: 11579









Images of each painting may be found on Judy's website at wetpaints.net





Baking with Sam

All Classes Take Place at the Community Center

Sourdough Bread at Home

Wednesday 7/16 | 6-8:30 pm | \$57 | Course #: 11540

Learn the basics of sourdough baking at home. Participants will learn how to shape, fold and score a loaf, how to take care of your starter, and what to do with leftover starter. You'll take home a strong sourdough starter, a loaf to bake at home, a packet of recipes and a proving basket! (Please bring a small jar or container to take your starter home as well as a bowl for your dough!)







Botanical Dying Workshop

Saturday, July 12th 10 am - 1 pm Tauchman House

An introductory workshop to open up the world of natural dyes! Join Cydni Carter Lopez of Made of Madder for a three hour workshop to experience the magic of botanical color. Learn how to prepare your fabric and then dye bandanas using locally grown or foraged natural dyes. Leave with the knowledge on how to do it at home, an instructional handout, color samples, and two dyed bandanas.

Ages 16+, \$45 Course #: 11569







Natercolor Landscape Painting Crash Course

This class is the perfect activity for a summer day! Students will take to the outdoors to paint expressive landscapes inspired by the coming alive of nature all around us. Sessions will be held at the Forest Shelter so students can paint from observation of their surroundings while learning about artistic fundamentals such as color theory, form, and value. All skill levels are welcome, and supplies are provided but students are encouraged to bring their own.



Ages 15+, \$75

Sun. June 8, 10am - 12pm Course #: 11567 Sun. July 6, 10am - 12pm Course #: 11568

Classes held at the Forest Shelter in Memorial Park

Art Open Studios

OPEN SUNDAYS JULY 13 - AUGUST 24 FROM 12PM - 3PM PARKS AND RECREATION ADMINISTRATION BUILDING

NEW OPEN STUDIO PROGRAM FOR COMMUNITY MEMBERS TO ENJOY CREATING ART IN A COMMUNAL SPACE! THIS SPACE IS COMPLETELY FREE TO USE, BUT WE ENCOURAGE YOU TO BRING ADDITIONAL ART SUPPLIES TO USE AND/OR CURRENT PROJECTS. PLEASE ARRIVE WITHIN THE FIRST 30 MIN.

JASLEEN, A LOCAL PAINTING INSTRUCTOR, WILL STEWARD THIS SPACE AND PROVIDE OVERSIGHT AND GUIDANCE AS NEEDED!
RESIDENTS ARE FREE TO PARTICIPATE IN GROUP ACTIVITIES OR WORK SOLO ON THEIR PROJECTS.

PROGRAM IS OPEN FOR ANYONE 16 AND OLDER



INTRO TO STAINED GLASS ASSEMBLY

CLASSES TAUGHT BY WILLIAM REICHLE OF HYPMATIZARISM GLASS ALL MATERIALS PROVIDED

2 HOUR CLASS - STAINED GLASS PLANT

In this 2 hour class, you will make your own stained glass plant (3" wide x 7" tall) with pre-cut and ground leaves to create your own unique arrangement. You will gain guided experience with soldering technique, learn how to frame with lead came, how to solder tinned copper wire, and how to clean and polish stained glass. Class may run over depending on the speed of each individual.

10 am-12 pm Parks and Rec Admin Building \$93

Sun 6/29 Course #: 11508





3 HOUR CLASSES

In this 3 hour class, you will learn how to use the Tiffany method of foiling, gain guided experience with soldering technique, learn how to frame with lead came, and how to properly clean and polish stained glass. Each student will receive and work with a pre-cut and ground glass kit of the design pictured. Class may run over depending on the speed of each individual.

10 am-1 pm Parks and Rec Admin Building \$108

ALL SEEING EYE

CHOICE HONEYCOMB

Sat 7/26 Course #: 11509

Sat 8/23 Course #: 11510





Join Instructor Jeff Taber, certified Pickleball Instructor and Wilsonville local, for Pickleball clinics this summer in Memorial Park. Clinics are for ages 16+. Both beginner and experienced (3.25+) clinics available. All equipment provided. Each 2-hour clinic is \$75. Must register separately for multiple clinics.



Introduction to Pickleball May 17 | Course #: 11546 **Memorial Park Courts** 2-hour lesson Saturdays, 11 am - 1 pm

Pickleball Clinic-Experienced (3.25+) **Memorial Park Courts** 2-hour lesson Saturdays, 1 - 3 pm \$75 / person / per lesson

May 17 | Course #: 11547 May 24 | Course #: 11549 June 21 | Course #: 11551 June 28 | Course #: 11553 July 19 | Course #: 11555 Aug. 16 | Course #: 11557

BARRE TONE

WITH JESSICA NORMAN

Barre Tone is a full body workout that improves your range of motion, posture and builds muscle. It's not just for the ladies or ballerinas! Barre is an athletic workout for all that uses inspiration from dance, pilates and yoga to boost your overall fitness. It's a great companion to your overall fitness plan, helping you reach the areas that many other activities miss. You'll leave class feeling recharged and aligned.

Tuesdays, 5:45-6:45 pm at the Community Center

Session I: 5/6 - 6/24

Cost: \$85 Course #: 11558

Session II: 7/8 - 8/26

Cost: \$85

Course #: 11559

Try it Out! First time drop-in \$10

WORKOUT WITH JULES

BODY SCULPT

Strengthen and tone all muscle groups in this eight week full body, non-impact class. Mix it up weekly using hand weights, bands, and stability balls as we move to get stronger! Modifications and varying weights (2-12lbs) available, so the class is suited to ALL fitness levels as you progress. Encouraging environment, fun people, and fun music...come join! Bring exercise mat and water. Ages 18+

Mondays, 6-7 pm at the Community Center

Session I: 4/28-6/23 (no class 5/26) Cost: \$79

Course #: 11534

Session II: 6/30-8/25

Cost: \$89 Course #: 11535 10% discount when you register for both sessions at once

CORE, FLOOR & MORE + STRETCH

Does your body need some focused attention on balance, core strength and stretching? YES--- and this is the class for you! We will start with standing work and then spend the majority of class down on the mat working all body parts, no equipment! Improve posture and create long and strong muscles in this slower paced but challenging hour, finishing with relaxing stretch. Come join us! A great addition to the Monday evening body sculpt class or great on its own for a midweek tune up! Encouraging atmosphere, fun people (great for men and women) and tunes! Bring exercise mat and water. Ages 18+

Wednesdays, 6-7 pm at the Community Center

Session I: 4/30-6/25 (no class 5/7)

Cost: \$79

Course #: 11536

Yoga with Andrea

Soul Flow Yoga | Tues. 7:15–8:15 PM | Community Center | \$85 per session | Ages 13+ Session I: May 6 - June 24 Course #11530 | Session II: July 8 - Aug. 26 Course #11531 |

Experience a 60-minute mindful and engaging movement with Soul Flow for all levels. Bring awareness to the mind-body connection while quieting the nervous system. Create new muscle memory patterns in the body with a series of poses followed by relaxing in a self-nurturing Savasana.

Restorative Yoga | Thurs. 7:15–8:15 PM | Community Center | \$85 per session | Ages 13+ Session I: May 8 – June 26 Course #11532 | Session II: July 10 – Aug. 28 Course #11533 Slow down, rest the mind, and nurture the nervous system with Restorative yoga. This 60-minute evening class for all levels will bring you from action to stillness, allowing for your physical and subtle body to catch up. Settle in with guided meditation followed by intentional time in supportive resting poses. Props are provided. bring your own mat.

FREE Community Yoga | Fridays, 7/11–8/1 | 7:15–8:15 PM | Murase Plaza | Ages 13+ Enjoy a free, all-levels vinyasa flow yoga class below the trees, outdoors this summer! Vinyasa flow yoga connects breath with movement and is a great way to lower daily stress, increase flexibility, and become stronger. Modifications will be offered for all body types and levels. Class is on the grass and stage at Murase Plaza, please bring your own yoga mat, water bottle, and a towel or blanket.





Mondays 7-8 pm | May 5 - June 16 (skip May 26)
Wilsonville Community Center, Rooms 2 & 3 | \$25 per person | Course #: 11574

Learn how to:

- avoid un-winnable power struggles and arguments
- · stay calm when your kids do incredibly upsetting things
- set enforceable limits
- · avoid enabling and begin empowering
- · help your kids learn from mistakes rather than repeating them
- raise kids who are family members rather than dictators and much more!

Workbook included. Complimentary Parenting the Love and Logic Way, Raising Teenagers with Love and Logic, Grandparenting with Love and Logic books as supplies allow.







WALK AT LUNCH – ADVENTURES

WALKSMART

Learn how to incorporate active transportation into your walk.

June 25, Route 2X

12 noon, bus departs WTC 12:05 arrive public library, 20 or 50 minute walk in park 12:31 or 1:01 depart library 12:37 or 1:07 arrive WTC

July 30, Route 4

12:15 bus departs City Hall 12:30 arrive Graham Oaks park, walk for 50 min 1:30 bus departs 1:39 arrive City Hall

WTC= Wilsonville Transit Center Bus times may change from time of print.



Group walks are designed to help participants feel comfortable with the transit system in a social and relaxed environment.

August 27, Route 3X

11:30 am, bus departs WTC 11:49 arrive Canby Transit Center, walk in downtown neighborhoodshop, lunch etc., 90 min of time Walk 30, 60 min for lunch

1:30 depart Canby Transit Center 1:49 arrive WTC

September 24, Route 2X

12 noon, bus departs WTC 12:30 arrive Tualatin Park & Ride walk towards Bridgeport, 30 min

1:10 depart Tualatin Park & Ride 1:37 arrive WTC



VIRTUAL REALITY FITNESS

Looking for a fun workout? Want to try something a little different? Enjoy a new electronic based workout using the Oculus Virtual Reality system.

Participants will experience the popular Beat Saber game allowing class members to enjoy a workout as easy or as challenging as they can handle. The game can be played seated or standing, and provides a fun upper body or full body workout.

Tuesdays from I - 2 pm Community Center No Charge Participants will also have the opportunity to explore Wander where you can teleport to almost anywhere in the world - unlimited exploration awaits!



HEALTHY BONES AND BALANCE

BRAD MOORE

Designed to strengthen all elements of your body combining circuit training, strength conditioning, aerobic fitness, flexibility, and balance. The instructor uses evidence-based exercise strategies with the goal of improving bone density and decreasing the likelihood of a fall or an injury. This class will help you get on track to a stronger and healthier you. Most likely a good fit for participants 55 and older.

Days: Mon., Wed., and	d Fri. 8:30 - 9:20 am	Community Center
Session I	Session II	Session III
5/5 - 6/16	6/23 - 8/1	8/18 - 9/5
Cost: \$55	Cost: \$55	Cost \$30
Course #: 11524	Course #: 11525	Course #: 11526

ADVANCED HEALTHY BONES AND BALANCE

BRAD MOORE

Similar to "Healthy Bones and Balance" but this advanced version will incorporate a higher level and more intense aerobic and cardiovascular element. Designed to strengthen all elements of your body combining circuit training, strength conditioning, aerobic fitness, flexibility, and balance. Most likely a good fit for participants 55 and older.

Days: Mon., Wed. and Fri.	9:30 - 10:20 am	Community Center		
Session I	Session II	Session III		
5/5 - 6/16	6/23 - 8/1	8/18 - 9/5		
Cost: \$55	Cost: \$55	Cost \$30		
Course #: 11527	Course #: 11528	Course #: 11529		

^{**} Register for all three sessions at one time and receive 10% off! **

Tai Chi with Ulises

Beginning Tai Chi

Begin your journey of self improvement with Yang style Tai Chi. Improve balance, flexibility, memory, and mindfulness while learning the first section of the 108 form and a variety of Qi-Gong and warm-ups.

Time: 2 - 2:45 pm

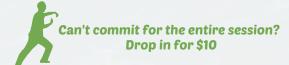
Location: Community Center

Cost: \$80

Session I Session II

Date: Tues. and Thurs. Date: Tues. and Thurs.

5/13 - 7/3 7/8 - 8/28 Course #: 11563 Course #: 11564



Tai Chi Continuing

Continue your journey in the Tai Chi 108 form. More advanced movements and exercises to explore the inner mechanics of the 108 form. Find and push the limits of your body and mind to find the calm of moving meditation. Requires instructor approval for advancement to this course.

Time: 3 - 4 pm

Location: Community Center

Cost: \$80

Session I Session II

Date: Tues. and Thurs. Date: Tues. and Thurs.

5/13 – 7/3 7/8 – 8/28 Course #: 11565 Course #: 11566



Training & Wellness Coaching

w/ Brad Moore ACSM CPT, NBC-HWC

While personal training exercises your body, wellness coaching aims to exercise your brain in order to help you reach optimal physical and mental health. Brad Moore, an American College of Sports Medicine Certified Personal Trainer and Certified Health and Wellness Coach will listen to your goals and work with you to determine the best action plan to achieve the results you want.

As a unique individual with unique life experiences, flexible packages are created to help you find a balance of personal training and wellness coaching that best meet your goals.





To learn more, please contact Brad Moore at moore@WilsonvilleOregon.gov or 503-570-1522



WILSONVILLE COMMUNITY CENTER Ongoing Activities

MONDAY

- Sit, Stand, and Be Fit, 11-11:45 am
- Lunch @ the Center, 12 pm
- Chicago Bridge, 1-4pm
 2nd & 4th Monday of the month
- Mexican Train Dominoes, 1-4 pm



WEDNESDAY

- Photography Club, 10-11:30 am
- Sit, Stand, and Be Fit, 11-11:45 am
- Lunch @ the Center, 12 pm
- Pinochle/Cribbage Play, 1-4 pm
- **Bingo**, 1-2 pm

1st & 3rd Wednesday of the month

Book Club, 1-2 pm
 4th Wednesday of the month

FRIDAY

- Conversational Spanish Group, 10:30-11:30 am
- Sit, Stand, and Be Fit, 11-11:45 am
- Bridge Group Play, 11:30 am-3 pm
- Lunch @ the Center, 12 pm
- Mexican Train Dominoes, 1-4 pm

TUESDAY

- Wilsonville Walkers, 9:30 am
 See the WCSI Gazette for the schedule
- Ukulele Jam Group, 9:30-11:30 am Parks & Rec Admin Bldg
- Piecemakers Quilting, 9-11:45 am
- Tauchman House
 - Lunch @ the Center, 12 pm
- Partners Bridge, 12:30-3:30 pm
 Call 503-449-5855 to sign up
 - Virtual Reality Fitness, 1-2 pm
 - Poetry Club, 1-3 pm
- 1st & 3rd Tuesday of the month
- Art Club, 1-2:30 pm
- 2nd Tuesday of the month

THURSDAY

- Wilsonville Walkers, 9:30 am
 - See the WCSI Gazette for the schedule
- Improving your Bridge, 10-11:30 am Basic Bridge knowledge required
- I-5 Connection Group, 10 am-12 pm
- Ladies Afternoon Out, 1-3 pm







Community Center Nutrition Program



You are invited to lunch at the Community Center every Monday, Tuesday, Wednesday, and Friday. Lunch is served at noon and no reservations are needed. Donations (\$3.50 for those 60 and over or \$4.25 for those under 60) are encouraged but not required.

Do you know a senior who is home-bound or is recuperating from an illness and needs a meal? The Home Delivered Meal Program provides daily weekday meals. There is no charge for this service but donations are gladly accepted. To determine eligibility and to register for the program please call 503-570-1526.



Did you know?

In 2024, the Center's
Nutrition Program provided
20,000 meals to home
bound seniors in the
Wilsonville Community.



POETRY CLUB

Whether you're just starting out or have been crafting poems for years, this group encourages you to express yourself through poetry. By sharing poems attendees can learn from each other's unique perspectives and grow together as writers. Whether you write for fun or with serious intentions, the Poetry Group is a place to come together and explore the beauty of language and the power of poetry.

1st and 3rd Tuesday of the month, 1 - 3 pm

Meets at the Community Center

ART CLUB



Art club focuses on various forms of visual art, such as painting, drawing/sketching, watercolors, acrylics and mixed media. This club offers self directed and instructor facilitated learning in which participants are welcomed to express their own unique techniques and get to expand their art potential with newcomers.

2nd Tuesday of the month, 1 - 2:30 pm

Meets at the Community Center

UKULELE GROUP



All skill levels are welcome! Beginners will learn basic technique; advanced players will grow to new musical horizons. All will have fun and enjoy the classic musical approach: the song circle. Pass or play a song of your choice when it's your turn. If you have the Ukulele 365, the PUA books or anything else, please bring them. If you're brand new to the Uke, we'll take some time assessing the overall level and make sure we all get what we came for without being overwhelmed or under-nourished.

Tuesdays, 9:30 - 11:30 am

Meets at the Parks and Recreation Admin Building

BOOK CLUB

Join a monthly book discussion facilitated by a Wilsonville Public Librarian with a different title each month. Bring your library card to check out the next month's title!

4th Wednesday of the month, 1 - 2:00 pm

Starts April 23 - Killers of the Flower Moon

May meeting will take place on May 21 - The Thursday Murder Club

June 25: Soul of an Octopus

July 23rd: Going to Maine: All the Ways to Fall on the Appalachian Trail

Meets at the Community Center

CONVERSATIONAL SPANISH GROUP

gracias

A relaxed, conversational Spanish group to encourage adults with some Spanish background to meetup and improve their Spanish speaking fluency. The group will try to speak primarily in Spanish and will have some suggested topics, as well as Spanish speaking guests.



Fridays, 10:30 - 11:30 am

Meets at the Community Center

HAVE AN IDEA FOR A CLUB OR GROUP?

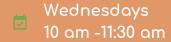
PLEASE CONTACT PROGRAM MANAGER, BRIAN STEVENSON STEVENSON@WILSONVILLEOREGON.GOV 503-570-1523



ONGOING ACTIVITY SPOTLIGHT:

PHOTOGRAPHY CLUB

The Photography club is a like-minded group that shares photographs that members have taken and, at times, critiques them in order to enhance picture taking. The group increases skills through instructional videos by professionals and willingly helps those interested in learning photography. A few times a year, the group will go on off-site field trips.



Community Center

Drop in Group - No Pre-Registration Needed





Every 1st & 3rd
Wednesday of the month
1-2 pm
Free to play!



BROUGHT TO YOU BY WILSONVILLE COMMUNITY SENIORS INC.

Sit Stand and Be Fit

with Kate

The Sit, Stand and Be Fit class is designed for older adults and anyone needing slow gentle movements. Using the chair, it focuses on resistance training and cardio to give you a total body workout without being on your feet. It focuses on improving core strength, flexibility, balance, coordination, circulation, and reaction time. Standing options available for those who are able.

A variety of light-hearted music combined with fun rehabilitative movements make this a good middle-of-the-road full body workout.

The class is sure to lift your spirits and put a smile on your face!

Mon Wed. and Fri ongoing

Community Center at 11:00 am

\$1 fee



AARP SMART DRIVER

Take the AARP Smart Driver™ classroom course and you could save money on auto insurance! Learn techniques for handling left turns, right-of-way, following distance, and roundabouts. Understand how to reduce traffic violations, crashes, injury risk, and learn state specific items. Discover proven driving methods to help keep you and your loved ones safe on the road.



Tuesday
May 27 or July 22
9 am - 4:30 pm
Wilsonville Community Center
\$20 for AARP members
\$25 for non-members
Call 503-682-3727 to register





Learn the basics of Medicare including what to expect when turning 65 or qualifying on the basis of disability, Medicare advantage, Medicare supplement overview or help with prescription drugs, or other programs available.

April 8

May 13

June 10

July 8

August 12

11:00 am Community Center

Register at: NWMedicareAdvisors.com



Estate Planning
Attorney Michael Rose of Rose Elder Law will present the workshop centered around estate planning basics such as wills, trusts, probate, powers of attorney, advance directives, and Medicaid Planning.

Tuesday, May 6

Tuesday, July 15

Long Term Care
Attorney Michael Rose of Rose Elder Law will present the workshop centered around Medicaid planning, preserving and protecting assets, and veteran's benefits.

Tuesday, June 24

Tuesday, August 5

All lectures are offered at no charge and presented at 10:30 am at the Wilsonville Community Center.
Please call 503-682-3727 to reserve your spot.





Wilsonville Community Center Social Services



Sadie Wallenberg. the Center's Information and Referral Specialist, can provide assistance to seniors 60+ and to disabled adults and their families in connecting with local and community resources in Clackamas County including energy assistance, legal aid, food, case management, support groups, transportation, and help with Medicare/Medicaid. She can also help find affordable housing, assist with placement in assisted living facilities, adult care homes, retirement communities, and refer to reputable companies for home maintenance and home health services.

A home health equipment loan program is also available which provides medical equipment (wheelchairs, walkers, etc.) free of charge for loan.

Sadie Wallenberg, MSW 503-570-1526



SUPPORT GROUPS & CLINICS



Alzheimer's Support Group 2nd tuesday of the Month 1-2:30 pm
This group will provide support, education, and community for those who are
caring for a person diagnosed with some form of dementia, such as Alzheimer's
disease. Participants are encouraged to share their journey, knowledge, and
questions. Meetings will take place at the Charbonneau Activity Center (32000 SW
Charbonneau Drive) in the Kalapuya Room. Contact Sadie Wallenberg at 503570-1526 for more information.

Foot Care Clinic 3rd tuesday & Wednesday of the Month - by appointment

Appointment includes nail trimming (including ingrown nails), filing down corns and calluses, massage and and nursing advice, as needed. Foot care is especially important for individuals with diabetes, poor circulation, neuropathy, and decreased vision.

\$40 at the time of service - cash/check only. Please bring two towels to your appointment.

Call the Community Center at 503-682-3727 to schedule your appointment.

Legal Clinic

Wilsonville seniors (60+) may schedule a free 30 minute legal phone consultation with attorney Michael Rose. Consultations are by appointment only; please contact Michael at 971-865-3171 to schedule.

REGISTRATION INFORMATION

REGISTER ONLINE AT WILSONVILLEPARKSANDREC.COM

REGISTRATION INFORMATION

- Participants may register online, in person, or by mail with cash, check, or card.
- Phone registrations accepted only when specified in course description.
- A minor may only be registered by their parent or legal guardian.
- Registrations are accepted on a first-come, first-served basis.
- Classes may be cancelled due to low enrollment up to one week in advance, those registered will be notified via phone and/or email.
- We strongly encourage participants to register early in order to avoid class cancellations.

REFUNDS & CANCELLATIONS

- 100% refund if the City of Wilsonville cancels the class.
- Prior to the first class, you may request a 100% refund minus a \$5.00 administrative fee.
- One week's notice of cancellation is required in order to receive a refund for a summer camp. If notified within less than week, a credit will be issued.
- After the first session of a class, you may request a credit for a future class minus a \$5.00 admin fee.
- After the second session of a class, credits for a future class may be granted only for illness or medical reasons (at the discretion of the Director), no refunds will be given.
- Credits are non refundable once issued and must be used prior to June 30 of the same year.
- All community programs follow Wilsonville/West Linn School closures. If the schools are closed due to inclement weather, scheduled community classes and events will be cancelled.

INCLUSION STATEMENT

The City of Wilsonville strives to make programming options available to all of our citizens. If you require special accommodations to participate, please call 503-783-PLAY. The City will try to make reasonable accommodations to assist you. Please contact us two weeks prior to the start of the program so we can evaluate your request.

PARKS AND RECREATION ADVISORY BOARD

Amanda Aird, Bill Bagnall, Paul Diller, Keith Gary, Amanda Harmon

Beltran Properties, where clients are like family!

BELTRAN PROPERTIES GROUP

What's Gour Inspiration?



We genuinely care about building authentic, long-term relationships and prioritizing our clients' needs. With Jaimy's proven experience and a dedicated support team, we ensure every home-buying or selling experience is smooth and stress-free. You can count on us to be there for you every step of the way, guiding you through your real estate journey.

Ranked among Portland's top Realtors, Jaimy's leadership cultivates a team united by collaboration and shared values. Our commitment extends beyond real estate; we're dedicated to giving back through volunteer efforts and event sponsorships, making a lasting difference in the communities we serve. In 2015, Jaimy was named "Wilsonville Citizen of the Year" by the Rotary Club of Wilsonville. Jaimy is also a current member of the Rotary, which includes an upcoming term as the President of the Club. He has been an active board member of the Wilsonville Chamber of Commerce since 2018, including two consecutive terms as Board Chair. Jaimy is also a past member of the Wilsonville Kiwanis Club. We don't just guide clients through buying or selling a home—we help create lasting connections within those communities, and we invite you to be a part of this impactful journey.

Jaimy Beltran - Inspired by You





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